

THE BRIDGEWATER BULLETIN

Spring- Issue 2

Bridgewater
Home Care
We go above and beyond™



WELCOME TO THE BRIDGEWATER HOME CARE NEWSLETTER

Quarterly updates, news and events.

Inside the Bulletin

A warm welcome - 2

News - 4

Spring recipe - 7



First class care, for the ones you love

Bridgewater
Home Care
We go above and beyond™

A NOTE FROM PHIL ECKERSLEY

Founder and Managing Director of
Bridgewater Home Care



Welcome to our newsletter! I would like to take this opportunity to introduce ourselves, and what you can expect from us as a local provider of relationship-focussed care and support, at home.

The Bridgewater story began after personal experiences of care for our own family. It was through this difficult time that we experienced numerous challenges that we did not expect. Like you, we don't think that this process should have been difficult and we soon realised that it was up to us to provide a solution.

It was from this moment that Bridgewater Home Care was established, with quality, reliability, and trust at the forefront of everything we do to this day.

A warm welcome to Bridgewater Home Care

Bridgewater Home Care is an award-winning specialist of non-medical care at home, providing older people and vulnerable adults with a better quality of life and the highest quality of care.

We are passionate about encouraging independence and believe that people should have the option to remain at home where they are at their happiest and most comfortable, for as long as possible. Through our brand values of Quality, Reliability and Trust we aim to exceed expectations and afford families the opportunity to receive the care they so very much deserve.

Our clients and Care Specialists are at the forefront of everything we do; they become our extended Bridgewater Family.

Companionship | Home Help & Housekeeping | Personal Care
Dementia Care | Respite Care | Live-in Care | Specialist Care



"It is clear to me that Bridgewater Home Care are superior to other agencies I have dealt with."

- Social Worker

First class care, for the ones you love

Bridgewater
Home Care
We go above and beyond™

Spotlight On...

Live-In Care

Live-in care is a growing trend among older adults and those with disabilities, as it provides a high level of support and assistance while allowing individuals to maintain their independence and quality of life in the comfort of their own homes.

One of the main benefits of live-in care is the continuity of care it provides. Unlike traditional home care services, where a carer visits on a set schedule, a live-in carer is with the individual 24/7, ensuring that they receive the support they need at all times. This can provide a sense of security and peace of mind for both the individual receiving care and their family.

Another advantage of live-in care is the ability for the individual to continue with their daily routines and maintain their independence. A live-in carer is able to assist with tasks such as bathing, dressing, and meal preparation, while still allowing the individual to make their own choices and participate in their own care.



A live-in Care Specialist will join the household and live with a loved one in their home to provide support with day-to-day life, as well as being there as a companion and for general housekeeping. We find it is a much better alternative to moving to a residential care home, enabling a loved one to retain control of their own life and continue living life their way as independently as possible.

Our Live-In Care assists with:

Continuity of Care

24/7, round the clock support

Home help and housekeeping

Medication assistance

Emotional support

Maintaining a daily routine

Safety and security at home

...and much more

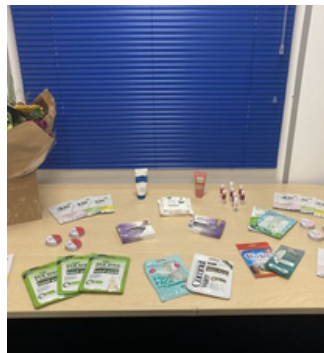
First class care, for the ones you love

Bridgewater
Home Care
We go above and beyond

Our New Care Coordinator - Jen! Bridgewater Home Care Wigan

We would like to introduce Jen as our new Care Coordinator. Jen has been with Bridgewater Home Care for 6 years, starting as a Care Specialist, then a Senior Care Specialist, QCA and now Care Coordinator.

Jen loves the variety of each day and has enjoyed progressing through each role within the business. She looks forward to developing more in her new role. Congratulations, Jen!



Bridgewater Pamper Morning

We recently held a pamper session for our staff to promote well-being and help them feel re-charged and rejuvenated.

We had facemasks, eye masks, foot spas and lots of nibbles to ensure the staff were fully ready to go back out into the community and provide the outstanding care that our Bridgewater staff are known for!

Thank you to all our team for the continuous exceptional care you provide; and we hope you enjoyed our Bridgewater Spa!

We are always hosting coffee mornings & well-being sessions, so keep your eyes peeled for our next one!

First class care, for the ones you love

Bridgewater
Home Care
We go above and beyond

NEWS



5 Year Anniversary!

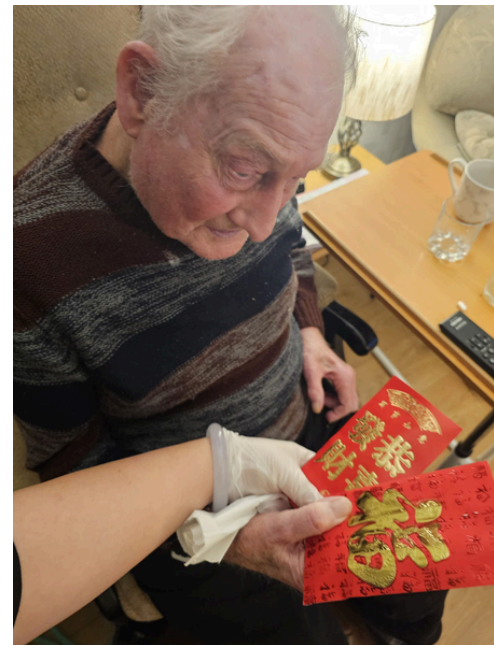
We would like to congratulate Shaneil Gaskell, Registered Manager for Bridgewater Home Care Wigan, on her 5 Year Anniversary with Bridgewater Home Care!

Shaneil has achieved so many wonderful things since joining the business in 2019, including leading the Wigan office to a perfect score of '10/10' through homecare.co.uk, as well as the Wigan office being recognised as a Top 20 Home Care Provider in the North West.

Congratulations, Shaneil, on your 5th anniversary - we look forward to working with you for many more years to come!



Chinese New Year



For Chinese New Year in February, our wonderful Care Specialist at Bridgewater Home Care Warrington, Suki, had been handing out lucky pouches to her clients and colleagues to bring them luck in the upcoming Chinese New Year! This year we welcome in the Year of the Dragon.

First class care, for the ones you love

Bridgewater
Home Care
We go above and beyond

NEWS



10 Year Anniversary!

This year our recruitment and training manager, Maxine, celebrated 10 years with Bridgewater Home Care!

Maxine is our award-winning training manager for Bridgewater Home Care Wigan and Warrington, and has been such an invaluable member of our team throughout the past 10 years. Maxine has welcomed so many wonderful candidates into the business, and certainly leaves a lasting impressions on those she meets!

Huge congratulations, Maxine! Wishing you a very happy 10th Anniversary year, and we look forward to working with you for many more years to come!



Well done Kamila

Kamila Mikolajczak joined our team at Bridgewater Home Care Warrington in February 2024.

Since beginning her role as a Care Specialist, Kamila has received wonderful feedback from her regular clients. Kamila helps out by supporting extra clients where she can and is always happy to take on extra visits and help out within the team.

She been such a great addition to our team in Warrington, well done Kamila and keep up the good work!

First class care, for the ones you love

Bridgewater
Home Care
We go above and beyond

Spring recipe

7

Salmon Traybake

Method

STEP 1

- Preheat oven to 200°C (fan) / Gas 7

STEP 2

- Tip potatoes and 1 tbsp olive oil into an ovenproof dish, then roast the potatoes for 20 mins until starting to brown.

STEP 3

- Add the asparagus into the potatoes and return to the oven for 15 mins.

STEP 4

- After the 15 mins, add the cherry tomatoes, vinegar and nestle the salmon amongst the vegetables. Drizzle with remaining olive oil and return to the oven for a final 10-15 mins until the salmon is cooked.

STEP 5

- Scatter over the basil leaves and serve up everything straight from the oven dish!

Ingredients

- 400g new potatoes
- 2 tbsp olive oil
- 8 asparagus spears, trimmed and halved
- 2 handfuls cherry tomatoes
- 1 tbsp balsamic vinegar
- 2 salmon fillets
- handful basil leaves

Total cooking time:

Prep: 20 mins

Cook: 50 mins

Serves: 2

First class care, for the ones you love

Bridgewater
Home Care
We go above and beyond

Meet your Bridgewater Home Care team!

Bridgewater
Home Care
We go above and beyond™



Shaneil Gaskell
Wigan Registered
Manager



Rebecca Crawshaw
Warrington Registered
Manager



Wigan Office:

1 Beecham Court
Wigan
WN3 6PR

Tel: 01942 215 888

Warrington Office:

Portal Business Centre
Dallam Court
Dallam Lane
Warrington
WA2 7LT

Tel: 01925 245 460

Please leave a
review for your
local office!

scan me!

Wigan



Warrington



First class care, for the ones you love

Bridgewater
Home Care
We go above and beyond™

WORDSEARCH

answers on page 12

Bridgewater
Home Care
We go above and beyond™

S	A	W	A	R	M	I	N	G	B
U	E	R	N	S	A	S	B	I	U
N	Q	A	U	X	P	T	P	Q	N
S	U	R	S	O	M	B	B	W	N
H	I	R	R	O	M	T	R	O	Y
I	N	C	M	A	N	O	Q	U	Y
N	O	B	L	O	S	S	O	M	U
E	X	E	A	S	T	E	R	B	R
I	O	M	A	Y	D	A	Y	O	R
G	A	R	D	E	N	I	N	G	I

BLOSSOM	BUNNY	CROPS	EASTER	EQUINOX
GARDENING	LAMB	MAYDAY	SEASON	SUNSHINE
WARMING				

Client & Carer Story

Bridgewater
Home Care
We go above and beyond™



Our wonderful client, Lynn, with her Care Specialist Pam (shown above) had recently become interested in looking at the Body Shop products, following a conversation she'd had with someone about them.

Upon hearing this, Pam suggested to Lynn that they go together to have a browse, try out the products and enjoy some well-deserved retail therapy!

Lynn enjoyed smelling all the products and bought quite a bundle on her first visit which she now uses for her daily showers. Lynn registered for their loyalty program so she now receives regular discounts on their products and received a free voucher when it was her birthday! It has become a regular destination during her weekly social visits with Pam.



Companionship

If you would like to enquire about our Companionship services, please scan the QR code here.

Whether it's popping for a cup of tea, being there as a friend for company, or assisting on visits or outings, our Bridgewater Companions can be there for you or your loved one.

First class care, for the ones you love

Bridgewater
Home Care
We go above and beyond™

Recruiting now!



Scan to apply!

Refer a friend to join the Bridgewater Family!



Don't forget about our 'Refer a friend' scheme!

If you know someone who would be a good fit, why not refer a friend to join Bridgewater Home Care and receive a monetary bonus!*

If your referee joins the team you will receive £100 in cash!

There is no limit on how many times you can refer someone so get in touch today!

*Successful candidate must work for Bridgewater for a minimum 6 months before bonus is distributed.

To apply online, follow this link: <https://u0v1xbf23gz.typeform.com/bridgewaterjob>

*follow
us...*



@bridgewaterhomecare



@bridgewater_hc



@bridgewaterhomecarewigan

@bridgewaterhomecarewarrington

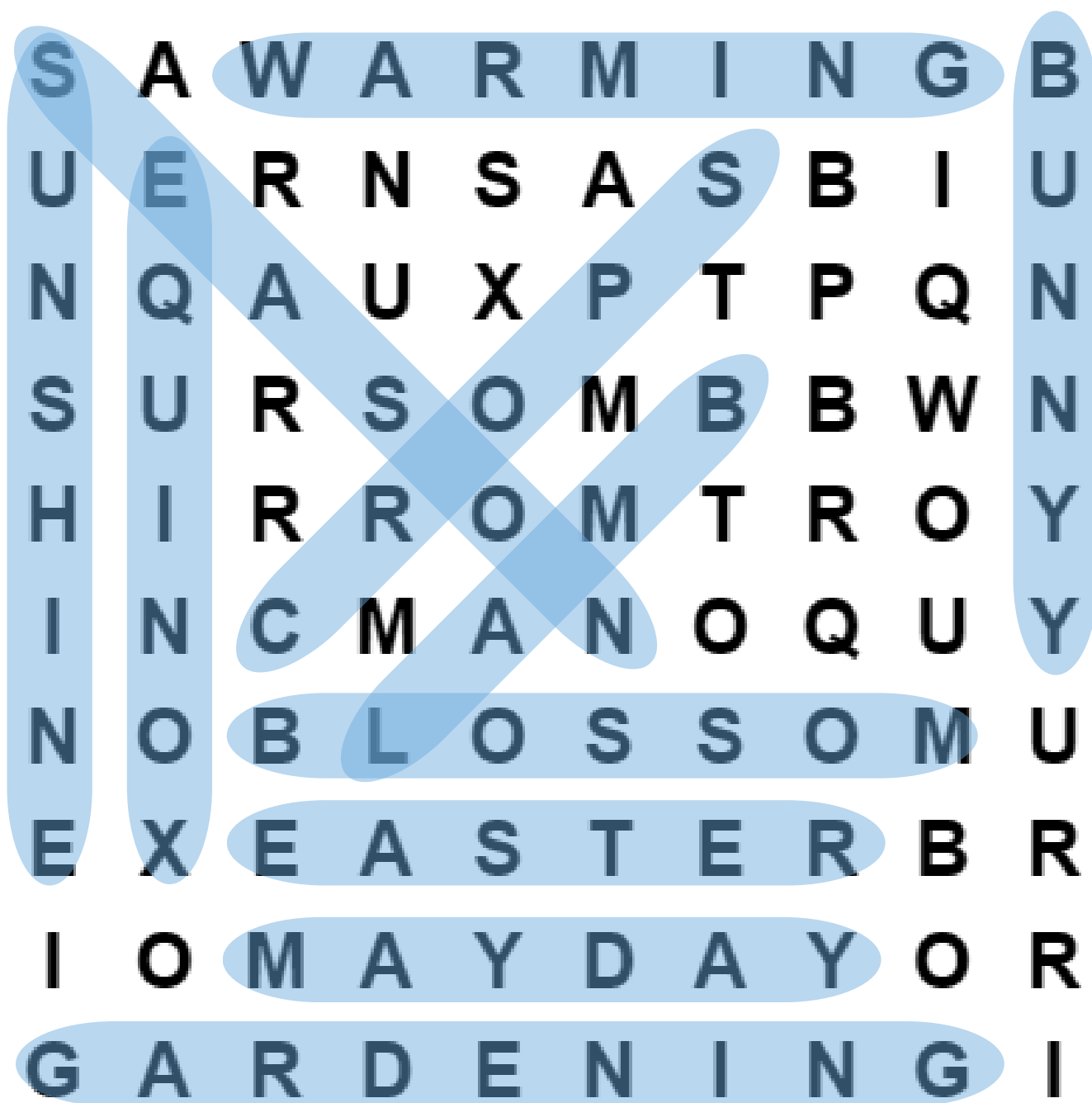
First class care, for the ones you love

Bridgewater
Home Care
We go above and beyond

WORDSEARCH - ANSWERS

12

Bridgewater®
Home Care
We go above and beyond™



BLOSSOM BUNNY CROPS EASTER EQUINOX
GARDENING LAMB MAYDAY SEASON SUNSHINE
WARMING