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THE BRIDGEWATER BULLETIN

Issue 8



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Home Care
We go above and beyond



WELCOME TO THE BRIDGEWATER HOME CARE NEWSLETTER

Quarterly updates, news and events.

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A note from Alex Bast-Boverhoff

Managing Director of
Bridgewater Home Care



As we begin another year, I've been reflecting on just how much has happened in such a short space of time. What started as a newly registered service just over 18 months ago, has grown into a trusted, relationship-led home care provider built on compassion, consistency, and genuine connection with the families we support.

Being recognised as one of the Top 20 Home Care Providers in the East Midlands by homecare.co.uk for a second year running was a proud moment. However, it's the thank you messages, kind words, and trust placed in us every single day that truly mean the most to us.

This year, we've continued to grow our incredible team, welcomed new families into the Bridgewater community, taken on a triathlon to raise awareness and support, and launched our own podcast to share stories and champion better ageing.

Each step has been driven by one simple belief: care is about the person not the task.

As we look ahead, our focus remains the same – supporting families, enriching lives, and being a service our community can truly rely on.



Annual Christmas Party

On 10th December, we were proud to host our annual Christmas Party for our clients and the wider local community at Jubilee Hall, in collaboration with Rainbow Care Group, a valued local day centre. The event was a wonderful celebration of festive spirit, bringing together clients, families, friends and care professionals in a warm and welcoming atmosphere.

The hall was filled with music and singing as everyone joined in with favourite Christmas songs, alongside games that sparked laughter and friendly competition. Guests enjoyed a delicious spread of food and drink, giving everyone the opportunity to relax, chat and truly enjoy the afternoon. It was incredibly special to see staff and clients celebrating side by side, strengthening relationships and creating meaningful memories together.

The day perfectly captured what community means to us; connection, joy and togetherness and was a highlight of our year.



Reflecting on the day, I felt immensely proud of what we have built. Seeing so many people come together, sharing joy and companionship, perfectly captures why we do what we do. Moments like these remind us that care is not just physical, it is about emotional and social connection

Alex Bast-Boverhoff
Managing Director Bridgewater Home Care



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A glimpse at our 2025

This year has been an incredible one for Bridgewater Home Care. We have seen relationships between our Care Specialists and clients grow stronger than ever, and it has been a joy to watch our clients actively engaging in the community, building confidence and enjoying meaningful experiences.

Community remains at the heart of everything we do. From visiting local schools and attending community events to supporting The Well in Kibworth through our annual Christmas Contribution Challenge, we have continued to strengthen local connections. We were also proud to support Dementia UK, including our Managing Director Alex Bast-Boverhoff completing a triathlon on their behalf, alongside hosting a Macmillan Coffee Morning and other fundraising initiatives.

It has also been a year of exciting progress. We launched our “Building Bridges” podcast to share stories and insights about living well at home, proudly hosted our Living Well at Home event, and celebrated the festive season together at our annual Community Christmas Party.



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BRIDGEWATER NEW YEAR WORD SEARCH

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K B I S F M A D R M N T M S N
V J O F I R E W O R K S V W E
G K U U K A D O C P I M N R W
D C Y M T S N O W F L A K E Y
L G A S M H X Q A M N L U A E
B R I D G E W A T E R J H T A
R H D A Z E C J S I C S A H R
S Q C B S P C H F F Q J W W Y
R Z Z Y K A V R R M A P X S O
H B S P M R A B U I R B D L Q
C O N F E T T I W A S L S O Z
D B A H A Y S B W I N T E R D
R E S O L U T I O N S S M O H
G T H A N Q X M A M T L N A V
N O S N R F L T K L L W F F S

BRIDGEWATER
CHRISTMAS
CONFETTI
FIREWORKS
NEW YEAR
PARTY
RESOLUTION
SNOWFLAKE
WINTER
WREATH

What our clients say

As an ex-head teacher although capable of great charm my Dad could be quite exacting, so we were not quite sure how the new care arrangement would go. We need not have worried. As the ensuing weeks past we were relieved to find that Dad eulogised about how kind, thoughtful and helpful all the ladies

that visited were. They were happy to turn their hand to most things around the house, preparing meals, shopping and attending to his every need. One kind lady even did an expert job of darning his favourite cardigan! Most importantly, they had time for conversation, getting to know him and his interests, having a laugh and a joke.



N C - Son of client

We contacted Bridgewater Home Care when mum came out of hospital last summer. She needed to recover fully from illness and as all our family live a distance from mum, we needed to know she would be supported throughout the day.

At first mum was reluctant to have support, she had always been so independent but very soon she looked forward to the visits and now they form a important structure to her day and she very much enjoys her interactions with the team.

Mum has been supported with care and dignity - in her own words she is, 'supported like a queen' and talks to us about 'her helpers' with great affection



C G - Daughter of client

Book your free consultation

Call us on **01858 414 331** to book your free consultation to find out more about our

Personal Care
Home Help
Companionship

Respite
Dementia Care
Specialist / Complex

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