

JULY 2024

# THE BRIDGEWATER BULLETIN

Issue 3



**Bridgewater**  
Home Care  
We go above and beyond™

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## WELCOME TO THE BRIDGEWATER HOME CARE NEWSLETTER

Quarterly updates, news and events.

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# A note from Alex Bast-Boverhoff

Managing Director of  
Bridgewater Home Care



Welcome to the third edition of the Bridgewater Bulletin.

Since our last edition of the Bridgewater Bulletin, we've been awarded Top 20 Home Care provider within the East Midlands by Homecare.co.uk, a leading independent care directory. Which is a testament to the care, support and compassion our team provide to our clients and their families.

Continuing our ongoing support of the local community, alongside promoting and raising awareness of the support which is available to the community. We've attended local community days hosted by Age UK and Local Area Co-Ordinator's who are part of the Leicestershire County Council.

We held our first Tea and Talk morning at the Harborough Innovation Centre, raising awareness of Mental Health and attending local schools to support with their career days providing mock interviews and insights into care.



## Top 20 Homecare Provider 2024

Bridgewater Home Care has been awarded Top 20 Home care Provider 2024 – East Midlands by Homecare.co.uk. Homecare.co.uk is a leading independent online directory and review platform for home care services within the UK.

The Platform feature independently verified reviews from clients and their families, offering valuable insights into the performance and quality of care provided by various home care providers. achieving this rating on Homecare.co.uk is a significant indicator of the excellence and quality of care we're providing to our clients.

Being recognised as one of the Top 20 providers in the East Midlands, out of nearly 1,200 listed in the region, is a tremendous achievement within our first year. It reflects that our approach and commitment to quality care has not only been recognised and appreciated, but it shows it's in high demand within our community.

*"Achieving this within our first year is truly remarkable, and reflects the dedication of our Care Specialists and office team providing exceptional care and support to our clients and their families"*

**Alex Bast-Boverhoff**  
Managing Director Bridgewater Home Care



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# What we've been doing



## Wear it Green for Mental Health

We often find ourselves making time for everyone but ourselves, a reality faced by many, especially full-time family carers. To raise awareness of this important issue, we participated in "Wear it Green" in May this year and hosted our first "Tea and Talk" at the Harborough Innovation Centre. We proudly raised £100 for the Mental Health Foundation.

### Did you know?

In the UK in 2024, the term 'How to reduce stress' is searched on average through Google once every 10 minutes.

Source: forthwithlife.co.uk



## Community Information Events

We've also been lucky enough to be invited to local community events raising awareness of support which is available to the community.

In May, Age UK hosted their "Memory and Dementia information event" within Leicester's City Centre. With over 120 members of the community in attendance over the course of the day to find out more about support available to them.

The Age UK Dementia Support team can be contacted on: **0116 223 7363**

More recently in July the Local Area Co-Ordinator's for the Leicestershire County Council, held their "Community Market Place" in Kibworth. Allowing people of all ages and circumstances understand support that is available to them.

Local Area Co-Ordinator's aim to improve the health and wellbeing of individuals and communities.

Contact details for coordinators across Leicestershire can be found:

<https://www.leicestershire.gov.uk/health-and-wellbeing/local-area-co-ordinators>



## Supporting the Future

We've also taken part in careers days across local schools including, Welland Park Academy, Robert Smyth in Market Harborough and South Wigston High school providing insights into our values and what Care really is alongside mock interviews for those getting ready to submit their college applications.

It's key that we change the stigma of care, not only to those who may need additional support, but to every generation and change the perception that Care is more than supporting someone physically and there are successful careers paths



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# BRIDGEWATER SUMMER WORD SEARCH

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BRIDGEWATER  
ADVENTURE  
BEACH  
HOLIDAY  
ICE CREAM  
OCEAN  
SEASHELL  
SUMMER  
SUN  
SWIMMING

## What our clients say



Sarah - Daughter in Law of Client  
January 2024



Maureen - Daughter of Client  
January 2024



Gordon - Brother of Client  
February 2024



Brenda - Wife of Client  
March 2024



Lucy - Daughter of Client  
March 2024



John - Husband of Client  
March 2024



Jo - Wife of Client  
April 2024



Aubrey - Husband of Client  
April 2024



Neil - Son of Client  
May 2024

## Book your free consultation

Call us on **01858 414 331** to book your free  
consultation to find out more about our

**Personal Care**  
**Home Help**  
**Companionship**

**Respite**  
**Dementia Care**  
**Specialist / Complex**

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